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Treasured Polish Recipes For Americans



Synopsis

For three generations, Treasured Polish Recipes for Americans has been a favorite of cooks and diners who savor and appreciate authentic Polish cuisine. Treasured Polish Recipes for Americans preserves the integrity and unique qualities of delicious Polish cooking while making it accessible to anyone, even those with no experience preparing Eastern European food. Craving traditional Polish KieÅ basa or Kapusta Å wieÅ a na KwaÅno (sweet sour cabbage), or how about Kapusta Czarwona (red cabbage), Å ledzie Marynowane (pickled herring), Czarnina (duck soup) with Kluski, or nearly a dozen varieties of Pierogi and PÅ...czki (fried donuts with filling)? Treasured Polish Recipes for Americans includes these recipes and many many more. With almost 500 recipes, every meal and practically every dish is covered, including a multi-course Christmas dinner. More than just a collection of recipes, Treasured Polish Recipes for Americans takes the reader on a tour of Polish culinary customs, dishes, and traditions. It also gives advice on foundational cooking techniques, ingredients, and sauces enabling you to master and improvise your own Polish-style dishes. Accented with Polish folk art, this timeless cookbook offers a charming and satisfying experience for both your stomach and spirit.

Book Information

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Customer Reviews

My neighbors are warm-hearted, very kind Poles, and she is a FABULOUS cook, so I bought this book and ran it by her. She approved it, so I kept it, although I haven't tried any of the recipes yet. My only disappointment is that it's a very small cookbook. If you purchase it, be sure to read the foreword and the introductory pages, which I normally skip. They give you some pretty amazing -

and fascinating insight into why Polish food is so wonderful and incredibly delicious. To skip them would be to shortchange yourself, unless, of course, you happen to be Polish yourself and already know this information. It in itself makes for very good reading.

Maybe good for historical information about customs meal times and so forth. A caveat that I did not yet make anything from the book, but a few issues pop up. The recipes for borsch seem a bit strange--essentially broth, for example with three ingredients (beets, water and a piece of rye bread). A lot of ingredients such as duck, venison, suckling pig, and so on. There are quite a lot of recipes packed in however, and overall techniques and ingredients appear simple and straightforward. It would make a great project for someone to tackle a new version of this book with photos, better formatting and so on, to give a clearer indication of expected results and how the dishes fit together into appetizing combinations for meals. All in all, I personally find this book a bit unapproachable, although others may have a different impression. It's unclear how the recipes are compiled and tested, so it doesn't exactly invite the reader to jump in and try any particular recipe. This is really a difficult book to rate--take this as a subjective impression.

This lovely little book has been around for almost 70 years but hasn't lost a bit of its charm or relevance. There are great tidbits of information about the recipes and the life in Poland. The book is well organized, with both a well defined table of contents and a very thorough index. The recipes are easy to understand, and both the English and Polish names are included. Note that the individual recipes don't list the number of servings; generally, the recipes will serve six unless otherwise specified.

My granddaughter and I had spent time making Polish dishes handed down from her great-great-grandmothers, immigrants from Poland. When she got this book for her eighth birthday, she was delighted and began looking up dishes we had made. A wonderful way for children to become aware of their ancestry.

Can't wait to try all of these recipes. Nice historical notes.

Bought as a gift for a treasured friend who did have a copy that belonged to her deceased mom. She was very delighted because her mom's copy was well used and the worn binding was falling apart from years of use. She was a happy camper friend and I was pleased that I was on the mark.

Unfamiliar ingredients and instructions didn't work for me. Also, too many of the recipes didn't interest me as they were for preserving foods rather than preparing dishes.

This is the best cookbook ever for Polish recipes. I accidentally wrote my great comments for this book on the Polish Cookery cookbook which is not as good as Treasured Polish Recipes. That's why I returned Polish Cookery.

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